



Roundtable news

A bimonthly newsletter on nutrition policy and legislation concerning the child and adult care food program

NOVEMBER 2003

ACTION ALERT!

Reauthorization

In the last newsletter we admonished you to help us take action in the ongoing deliberations by Congress on Child Nutrition Reauthorization. If you called or wrote your Representative or Senator, or one or all of the key committee chairs, thank you very much. *In either case, your continued support is needed now!*

For those of you new to this issue, even though the CACFP is permanently authorized, Congress every four to five years uses reauthorization (of WIC and other programs) to review and make legislative changes and improvements to all child nutrition programs, including the CACFP. This process was to have been completed in 2003 but has now been delayed, for a number of reasons, until early 2004. It is taking place during a time of severe financial constraints where needed changes that have a cost must be offset by those that can save money. We want to break out of that constraint or at least make Congress sit up and take notice of the CACFP and the good that it does, especially in the fight against childhood overweight. With this additional time we have one last chance to try to affect positive changes to the CACFP and other child nutrition programs that impact our members, their providers and their families. We need your help!

Although final mark up of a bill has not yet occurred both houses have been busy on legislative proposals. Most recently, House See **Action Alert**, Page 2, column 1

Child Nutrition

Santa Barbara, September 19, 2003

MEETING SUMMARY

As the meeting was quite some time ago we will present a summary below of issues discussed that have not been superseded by current events.

Paula James welcomed the Roundtable and thanked Trudy Adair-Verbais and Vicki Spicer, from Santa Barbara County Office of Education for providing the nice meeting room. As the attendance was quite small Paula dispensed with the usual reporting and members discussed a number of issues of concern in an open dialogue format:

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Education and the Workforce Committee members Representatives George Miller (D-CA), Lynn Woolsey (D-CA) and colleagues introduced “The Healthy Children through Better Nutrition Act of 2003” (H.R. 3416). We had made reference to this legislation in our August newsletter. According to FRAC, this comprehensive bill “mirrors the package offered by Senator Herb Kohl (D-WI) (S. 1020, S. 1021 & S. 1022) as well as provides broader relief.” We want to support this bill and ask for your help! To keep programs running in the interim Congress has passed or is expected to pass continuing resolutions. The time to take action is now.

What Can You Do?

1. FRAC suggests that first we “urge the Administration to reserve additional (“new”) funding in the FY 2005 budget to fund improvements in Child Nutrition Programs. Contact: President George W. Bush, The White House, 1600 Pennsylvania Ave., NW, Washington, DC 20500; 202-456-1414 (tel) . . . president@whitehouse.gov and Under Secretary for Food, Nutrition and Consumer Services Eric Bost, USDA, Room 240-E, 1400 Independence Ave., SW, Washington, DC 20250; 202-690-3100 (fax).” FRAC is now working on a December 1-5 National call-in week. More details will be available shortly at

MISSION STATEMENT

The mission of the Child Care Food Program Roundtable is to promote health and well-being of children in child care through providing leadership and advocating for enhanced and expanded CCFP.

www.frac.org; members will receive an email alert when details are known.

2. Second, urge members of Congress to do no harm to child nutrition programs and enact positive changes such as those included in H.R. 3416 above. Find background information, recommendations and sample letters at FRAC’s Child Nutrition Programs Reauthorization Center (www.frac.org - click on the CNPR Center button), or the National CACFP Forum web site (www.cacfpforum.org -under “Advocacy and Legislation”). The Roundtable’s web site has older “time for a change campaign” information under “What’s New” that is still useful. See also our August 2003 and October 2002 newsletters. Congress was to go out on recess until the new year on November 21 (negotiations over the Medicare Bill are delaying it). It would be effective to visit your Representative or Senator in their home office or invite them out to your center/program to see the CACFP in action. We have discussed these approaches before in several past newsletters and have included tips on our web site. Do it now.
3. Finally, you can join the National CACFP Forum “CACFP: The Link to a Smart Start” campaign and send or bring your decorated paper chains to Washington, DC, February 22-24, 2004 for the annual FRAC/Forum National Leadership Conference. We will be assembling one giant chain to wrap around the Capitol.

The **CCFP Roundtable News** is a bimonthly publication for members of the Child Care Food Program Roundtable, an affiliate organization of the California Food Policy Advocates, 116 New Montgomery Street, Suite 633, San Francisco, CA 94105.

Editor
Edward Mattson

Membership is from Jan 1 to Dec 31 every year. For more information please contact Ed at 530-677-9410 or mred94523@earthlink.net

Get your center or home-based children involved in decorating the chain links. We will be updating members on this campaign as more details become available. Please stay tuned.

Summary of H.R. 3416: This comprehensive bill encompasses much needed improvements to several child nutrition programs aimed at expanding access, improving program quality, preventing childhood obesity through nutrition quality promotion, building partnerships and improving food safety. Specific CACFP improvements include lowering the area eligibility threshold from 50% to 40%, allowing 10 additional states to offer a third meal (supper), making permanent the 25% eligibility provision for for-profit centers, increasing family child care administrative rates for nutrition education by \$2 and authorizing a nutrition education pilot, allowing Tier I providers to be eligible for 5 years rather than 3, increasing audit disregard to \$600 and other changes to the after school component of the program. Perhaps the most significant proposal is to create a Community Year Round Child Nutrition Program that allows local governments and community-based providers of children and youth services to offer 3 meals and 2 snacks every day throughout the year to children and youth at free, reduced and paid rates! This will substantially reduce barriers and promote food service where and when needed.

September Meeting, continued from page 1

Management Plan/Budget Renewals: The advisory committee had discussed this topic at length on Thursday with Janice Hunt from NSD, who was unable to attend Friday's meeting. She reported statistical information on renewals received and processed, listed some common problems including not listing other sources of funds, not having an outside employment policy, exceeding the 15% administrative cap (for centers) and having no plan for disallowed meals. Even more disturbing to advisory members was her report on the numbers of self-terminations of family child care sponsors coming during this renewal process. It is a disturbing trend that

portends to leave providers with no place to go. Many sponsors are now considering their own continued participation or are capping themselves at affordable limits. The advisory committee asked what NSD is planning to do to recruit new sponsors and suggested that it update its sponsor profiles to include areas served rather than location of sponsor's office when determining that an area is covered or not. In one instance NSD approved a new sponsor where there is already considerable coverage, while other areas are in desperate need of new sponsors. At Friday's meeting members expressed an interest in outside employment policies used by other members. Some of our advisory committee members have sample policies that they would be willing to share. We discussed the possibility of putting them up on the Roundtable's web page.

State Auditors Helping Out on Reviews: The advisory committee had asked Janice on Thursday if NSD expected staff shortages to impact their ability to meet their administrative review obligations. Janice reported that NSD has contracted with the audit branch to assist in conducting administrative reviews this year. One of our members reported that at her recent review Karen Gillham came with two auditors in training. Members are alerted and asked to report any problems they may have this year with auditors during their administrative reviews to the Roundtable and Janice Hunt at NSD.

Pre-approved Menus: Members discussed the fact that NSD is now supporting the use of pre-approved menus by providers as being less error prone. Members shared their experience. One of our advisory members shared that they use a set of 6 pre-approved menus that providers may use in any sequence. To meet program reporting and documentation requirements, the sponsor requires providers to write in all substitutions and date and initial the form every day. Failure to do so results in the provider being put back on daily menu recording as before. About 70% of his providers use the menus. The Roundtable still has some concerns about the process and plans to explore the topic further at future meetings. Your

comments and concerns are welcome (*please address them to the editor at mred94523@earthlink.net*).

Infant Formula Clarification: NSD clarified on Thursday that the issuance of Management Bulletin 03-212 concerning eligibility of meals served to infants containing only parent-supplied formula DOES NOT supercede the requirement of Management Bulletin 98-816 requiring documentation that the parent declined the provider-offered formula. Providers still have an obligation to supply formula which parents may decline and supply their own.

Providers Serving Lunches to School Age Children: This question comes up frequently. Can a provider claim lunch served to her own school age child? This may have come up again as a result of a January 31, 2002 policy bulletin put out by the USDA Mountain Plains Regional Office (MPRO) that is circulating. Previous USDA policy was that if the child had access to lunches at school under the National School Lunch Program then the provider could not claim them. The MPRO clarified that current policy is that a provider may claim the meal as long as the requirements of 7 CFR Part 226.18 (e) are met. However the regulations would seem to all but preclude such a meal service. To wit: "Payment may be made for meals served to the provider's own children only when (1) such children are enrolled and participating in the child care program during the time of the meal service, (2) enrolled nonresident children are present and participating in the child care program and (3) provider's children are eligible to receive free or reduced-price meals." This policy does not address other school-age children in care that might come to the provider's home for lunch nor the issue of whether sitting down and eating lunch with the other children constitutes "present and participating in the ... program." We will continue to explore this with the Western Regional Office of USDA and NSD.

Schwan's Fundraising Program: (*Note: the Roundtable does not support nor endorse any*

corporate entity or product). One of our advisory members made members aware of a possible way to raise funds for a sponsoring organization of family child care homes. Schwan's Home Service, Incorporated has a program to reimburse sponsors up to 8% of purchases of Schwan's products by their providers, if they purchase more than \$150 in 4 weeks (a smaller percentage is applied to smaller purchases). Sponsors must maintain at least 25 providers on the program to remain active. For more information contact Jeff Tingey at 800-866-5066 or Schwan's at 1-888-SCHWANS or online at www.schwans.com.

MEMBERSHIP REPORT

Ed reported that we have 197 paid members as of today. Thanks for renewing. There is strength in numbers. ***IT IS TIME TO RENEW YOUR MEMBERSHIP.*** Please complete the attached membership application and send it along with your check, made payable to "CFPA," to Ed Mattson, c/o 4772 French Creek Road, Shingle Springs, CA 95682. Please try to get them to me not later than December 31 to make my job easier. Thanks.

ADVISORY COMMITTEE FOR 2004

The Roundtable board or advisory committee has for many years been made up of 15 members elected from the general membership to serve three year staggered terms. Five are up for re/election each year. For 2004 those members are Jerry Bowers, Doris Fredericks, Paula James, Karen Kiernan and Mary Straw. We also have three vacancies on the board, 2 with terms expiring after 2004 and 1 expiring after 2005. In addition, Andrea Howlett, our technology representative, web mistress and long time board member is resigning at the end of the year. Gratefully we have four members who have stepped forward and asked to be considered for the vacancies. They are Marcia Cagigas from East Los Angeles College Campus Child Development Center, Lorraine Bergendorf-Clark from Child Development Associates, Dave Paillette from Ventura County Day Care Food Program and Jennifer Teer from Oakland Licensed Day Care Operator's Association. Ballots were sent out by

email on November 5 and are due back not later than November 28. Early returns indicate that all candidates will be approved. The new Advisory Committee becomes effective Jan 1, 2004.

2003 CONFERENCE REPORT

The Roundtable's 12th Annual Conference, "CCFP: Creating Healthy Environments" was another huge success thanks to the enthusiastic participation of you the members. Thank you. Despite fiscal and workload constraints of the current CACFP environment and annual program renewal paperwork headaches about 450 participants showed up in Burlingame ready to learn, network, share, and get reenergized. Participants were positively upbeat about this our 12th annual conference.

The general session and keynote speakers garnered rave reviews. "Physical Activities and Healthy Snacks for Young Children," the Iowa Team Nutrition project presented on Tuesday morning, along with the accompanying card sets, was well received. The first set of laminated cards features healthy snack ideas on one side and physical activity ideas on the reverse that meet the Dietary Guidelines for Americans. A second set of cards features lessons on food, physical activity and "my body," "my family," "my community" and "my world." In the latter, children explore unique and similar aspects of cultures through touch, smell, music and movement. The final set deals with policies and best practices that contribute to a healthy eating and physical activity environment for children.

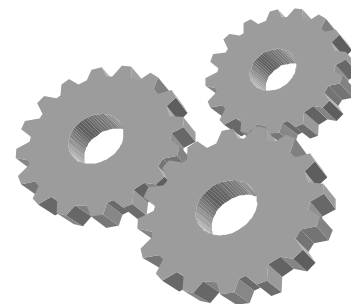
Some participants enjoyed one of two pre-conference activities on Monday prior to the informative and inspiring plenary in the evening featuring Andrea Margolis' personal perspective on California politics from her position as staff to State Senator Debra Ortiz and consultant to the Senate Health and Human Services Committee. Stanley Garnett and Geraldine Henchy completed the session with an update from Washington, DC.

Award-winning author, educator and dietitian Dayle Hayes, led off a team of four expert

speakers on Wednesday afternoon that addressed making changes for a lifetime from differing perspectives. Ms. Hayes gave us good practical advice on 5 steps to a healthy weight. Dr. Susan Johnson gave interesting insight on following children's growth curves, recognizing genetic potentials, and indicators of when we should be concerned about a child's growth patterns. Janice Lebeuf reported on provider and parent perspectives on physical activity and TV viewing, healthy eating and feeding in North Carolina; Stefan Harvey wrapped up with her perspective after 30 years in the WIC program and admonished us to become members of the Strategic Alliance.

We have begun the arduous but important task of analyzing your well thought out comments and constructive criticisms so we might make our 13th annual conference even better. Workshop that seemed to attract more than the usual high praise included Naomi Kakiuchi's workshop on "Making Nutrition Easy for Kids to Swallow," Pat Gattke and Lynn Goering's "Current Best Practices on Serious Deficiency," Kelley Knapp's "Infant Nutrition in the CACFP," Michael Simpson's "Star Power for Preschoolers," Bob Gray's "Surviving a Federal Audit," Angela Russ' "Combining Music, Movement & Activities for Ages 2-6," Darlene Bantam and Brenda Quinn's "Partners for a Lifetime: Nutrition & Development," and Dayle Hayes' "No Peas Please."

Thanks again for your participation and your feedback. [Help us plan for 2004; send your workshop ideas and suggested presenter information to Ed Mattson at \[mred94523@earthlink.net\]\(mailto:mred94523@earthlink.net\).](#) All ideas will be given serious consideration.



2004 CONFERENCE REPORT



Our next conference is set for the week of October 25, 2004, most likely the Monday-Wednesday time frame again. It will be held at the glorious Catamaran Resort Hotel on Mission Bay in San Diego (check out www.catamaranresort.com), the location of our 2000 conference. We are really excited to return to the beach. This hotel is special. Its location right on Mission Bay affords guests miles of paved bayside walking trails and a close walk to the Ocean. Planning has begun for the program even now. Save the date!



MARK YOUR CALENDARS AND MAKE RESERVATIONS FOR THE NEXT ROUNDTABLE MEETING

FRIDAY, JANUARY 23, 2004

9:30 AM - 3:00 PM

EDD Auditorium

722 Capitol Mall, Sacramento

LODGING INFORMATION:

Hotel	Address	Phone
Crossroads Inn,	221 Jibboom St.,	916-442-7777
Discovery Inn,	350 Bercut Dr.,	916-442-6971
Fountain Suites,	321 Bercut Dr.,	916-441-1444
Governor's Inn,	210 Richards Blvd.,	916-448-7224
Holiday Inn,	300 J Street,	916-446-0100
La Quinta Inn,	200 Jibboom St.,	916-448-8100
Motel 6,	227 Jibboom St.,	916-441-0733
Vagabond,	909 3 rd St.,	916-446-1481
Sandman Motel,	236 Jibboom St.,	916-443-6515

PARKING & DIRECTIONS: From the Bay Area take 80 east; just before the river exit on Jefferson/State Capitol. Proceed up over the freeway and the river bridge to Capitol Mall. The EDD Building is down the Mall on the right between 7th and 8th Streets. Parking is available in several locations nearby including under the mall on K Street (left at 2nd signal, through one signal then down under mall and right at signal into parking lot). From the north or south take Interstate 5 and exit at J Street; you can park under the K Street Mall at 5th Street.

The **Advisory Committee Meeting**, tentatively scheduled at the NSD offices but not yet confirmed, is on Thursday, January 22, 2004, 10:00 AM to 4:00 PM.

CHILD CARE FOOD PROGRAM ROUNDTABLE

MEMBERSHIP APPLICATION

To join or renew, please complete this form and return it with your check, made payable to the California Food Policy Advocates, to: *CCFP Roundtable, c/o Ed Mattson, 4772 French Creek Road, Shingle Springs, CA 95682*. For more information please call 530-677-9410.

Membership Fees Based on Following Schedule (check all that apply; pay the one highest fee):

- Center or Head Start with 1-5 sites = \$25.
- Home sponsor with 1-150 homes = \$25.
- Individual affiliate, newsletter only = \$25.

- Center or Head Start with 6-15 sites = \$50.
- Home sponsor with 151-500 homes = \$50.
- Individual affiliate with full membership = \$50.

- Center or Head Start with 16-25 sites = \$75.
- Home sponsor with 501-1000 homes = \$75.

- Centers or Head Start with 26+ sites = \$100.
- Home sponsor with 1001+ homes = \$100.
- State agency = \$100

Number of sites/homes: _____ Amount enclosed: _____

Membership Information (please complete all information):

Org Name:

Org Address:

City, State, Zip:

Contact:

Tel Number:

Fax Number:

Email: