



Roundtable news

A bimonthly newsletter on nutrition policy and legislation concerning the child and adult care food program

MAY/JUNE 2004

CN REAUTHORIZATION PASSES!

On June 23-24 both houses of Congress finally approved The Child Nutrition and WIC Reauthorization Act of 2004 (S. 2507, H.R. 3873)! We want to first take this opportunity to thank each and every one of you that took the time over the past year and a half to call or write your Congressperson on this issue, and also each of you that sent in the marvelous "Links to a Smart Start." Although we did not get everything we wanted for the CACFP, Child Nutrition Programs as a whole did well in this current fiscal atmosphere.

Most of you are familiar by now with the CACFP provisions we did get (except the last), but here is a summary once again:

- Makes permanent for-profit child care center's ability to qualify if at least 25% of the children they serve are eligible for free or reduced-price school meals.
- Increases the length of Tier I determinations from 3 to 5 years unless the State agency determines that the area no longer qualifies.
- Allows the Secretary or a State agency, when conducting management evaluations, reviews, or audits, to disregard overpayments to participating institutions if the total overpayment for the fiscal year does not exceed \$600. Disregards would not be allowed for overpayments for which there is evidence of a violation of the law.

See **Reauthorization Passes**, Page 2, Column 1

San Francisco, May 21, 2004

CHAIR REPORT

Paula James welcomed the Roundtable and gave the following brief introductory remarks and announcements. She thanked Janet Allen and staff from USDA for providing the coffee, the meeting room and for their enthusiastic continued participation at Roundtable meetings.

Meetings with NSD Staff: Paula reported that on May 4 she, Doris Fredericks and Ed Mattson met with the Director of the Nutrition Services Division, Phyllis Bramson-Paul, and Carolyn Brown to discuss issues of mutual concern.

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Reauthorization Passes, continued from page 1

- Specifies that standard form agreements between day care homes and their sponsors are to remain in effect until terminated by either party.
- Requires the Secretary to carry out a pilot project in rural areas of Nebraska under which the threshold for Tier I day care homes is 40%, for fiscal years 2006 & 2007.
- Provides mandatory funding for the management improvement initiative for fiscal years 2005 & 2006.
- Raises age limit for meals and snacks served to children in emergency homeless shelters from 12 to 18.
- Allows the Secretary to award one or more entities with expertise in designing and implementing health education programs for limited-English-proficient individuals one or more grants to enhance obesity prevention activities for child care centers and sponsoring organizations providing services to limited-English-proficient individuals. This “Early Child Nutrition Education” provision is subject to the availability of funds for 4 successive years, and is limited to states that have experienced growth in the target population of at least 100% between 1990 and 2000 (this seems to have been resurrected from HR 3416).

The **CCFP Roundtable News** is a bimonthly publication for members of the Child Care Food Program Roundtable, an affiliate organization of the California Food Policy Advocates, 116 New Montgomery Street, Suite 633, San Francisco, CA 94105.

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Membership is from Jan 1 to Dec 31 every year. For more information please contact Ed at 530-677-9410 or mred94523@earthlink.net

MISSION STATEMENT

The mission of the Child Care Food Program Roundtable is to promote health and well-being of children in child care through providing leadership and advocating for enhanced and expanded CCFP.

To view the entire bill go to <http://agriculture.senate.gov/>. The CACFP is in Section 119, pages 68-76■

Chair Report, Continued from Page 1

We discussed briefly the situation with the state budget and Proposition 98 concerning state meal money for CACFP. Any cuts would have impacted family child care sponsors in the state severely. Phyllis shared our concern and we discussed possible remedies. As it turned out there was no problem. Next we discussed the possibility of NSD serving as the hearing officer in family child care provider terminations. Ms. Bramson-Paul expressed a concern for the possible workload implications but she did not entirely rule out the idea. We were to get more information on other state’s experiences and get back to her. We discussed the conference and whether we could count on NSD’s financial support as in years past. Phyllis agreed to do what she could do. We briefly discussed agreement renewals for 2005 and agreed to give our input on the forms and the process.

Finally, we talked about training and communication, which was also the topic in Paula’s subsequent meeting with Assistant Director Debbie Meeker. Our concern was originally raised at the March Roundtable meeting where NSD’s training plans seemed unclear. We were also uncertain about the efficacy and timing of proposed Cal-Pro-Net training. The timing near our conference in August or September presents a conflict to potential attendees and we have concerns for the effectiveness of Cal-Pro-Net trainers who have no actual program experience or ability to answer policy questions that come up during the training. The Roundtable originally

began its annual conference because NSD was not meeting the needs of sponsors. The Roundtable recommended that NSD consider contracting out reviews and retaining training in-house, rather than the reverse. It further recommended that training sessions, whether Cal-Pro-Net or otherwise, be held in conjunction with the Roundtable Conference.

Noteworthy Preschool Research: One of the long-term concerns expressed by advocates for the CACFP and the important roll it plays in the effort to combat childhood overweight is the dearth of research geared towards the preschool population. Paula was pleased to share with members a recent study, in the *Journal of the American College of Nutrition* (Vol. 23, No. 2, 17-123, 2004), that helps. It addresses *Cardiovascular Risk Reduction in Preschool Children: The "Healthy Start" Project*. You can find it, for a fee, at www.jacn.org. The study concluded that, "[a] preschool heart health intervention, "Healthy Start," designed to reduce the total and saturated fat content of snacks and meals to recommended levels [$<30\%$ & $<10\%$ of total & saturated fat] was effective in reducing serum cholesterol in the study population as a whole and specifically children 'at risk;' i.e., those with initial elevated serum cholesterol." The study used Head Start centers in Upstate New York.

SJR 29: Paula briefed everyone on SJR 29, a Senate Joint Resolution, introduced by Senator Kuehl "which calls on the federal government to take critical steps regarding the marketing of foods and beverages to children and calls for food, marketing, and media industries to voluntarily adhere to a code of practice for responsible food/beverage marketing to children," according to the California Center for Public Health Advocacy. The Roundtable sent a supporting letter to Senator Ortiz, Chair off the Senate Health Committee, on April 30, 2004. Members were asked in two separate action alerts to support the resolution by letter or telephone call. (*Update: SJR 29 passed the Senate Floor on May 19th, on a 23 - 12 vote. It passed in the Assembly Health Committee on June 15.*)

Presentation at National CACFP Professional's Association: Paula briefly mentioned that she attended the April 18-22 conference in Madison, Wisconsin and presented on a partnering panel with Geri Henchy from FRAC and others. She used the Roundtable as a model but advised that it is currently in trouble. Traditional connections with partners seem to be breaking down. The CACFP message is still not being heard. As an example she cited a recent CA DSS, CCLD newsletter which purported to list child care resources but failed to mention either the CACFP or the Roundtable. She had high praise however for Geri's "Partnership for Success" paper.

NSLP/CACFP Participation Graph: Paula highlighted a graph that NSD staff developed for the last Child Nutrition Advisory Committee meeting that she attended. It apparently raised some eyebrows at the meeting amongst participants who simply had no idea the size and scope of the CACFP in California. The graph visually shows that the CACFP is 28% of the size of the school lunch program at 195.5 million meals versus 690.8 million served in Federal Fiscal Year 2002. Paula wondered if others knew the size comparison and might want to use it in further getting out the message about the CACFP.

USDA

Janet Allen, Director of Special Nutrition Programs for USDA, WRO, gave the following report:

Nibbles: Responding to an inquiry, Janet reported that NSD has received copies of the USDA publication – *Nibbles for Health*. It was her understanding that NSD contracted for distribution and was now checking to be sure all sponsors in CA were sent a copy. She suggested that if sponsors wanted another copy they can find an order form at www.fns.usda.gov/tnresources.

Child Nutrition Reauthorization Status: At the time of the meeting Child Nutrition Reauthorization legislation had not yet been passed; Janet gave some insight and background information. Child Nutrition Reauthorization is an

opportunity, Janet advised, for Congress to look at possible changes to the programs every four to five years. It was to have been completed last year but due to a number of factors the process was extended into this year. The House passed their version (H.R. 3873) in May. The Senate Agriculture Committee reported out their version (S. 2507) also in May. Janet said that not only will the full Senate need to consider the legislation but there are substantial differences that will have to be ironed out in conference. One concern of course is that on June 30 certain child nutrition provisions are scheduled to expire. Timing is tight, she said, with Memorial Day, Independence Day and the national conventions.

The bulk of the provisions in the legislation have to do with the school lunch program she said but there are some provisions on the CACFP. She briefly mentioned a healthy nutrition demonstration geared towards schools and a five year one million dollar community nutrition pilot in California aimed at more consistency between the CACFP and the Summer Program. USDA in the past, she advised, tried to do a similar pilot in Orange County but it was not cost neutral so it was not approved.

Integrity Regulations: Janet briefly mentioned the history of CACFP integrity rulemaking beginning with publication, in September 2000, of a proposed rule containing provisions from several pieces of legislation including the Personal Responsibility and Work Opportunities Reconciliation Act of 1996 and the Child Nutrition Reauthorization Act of 1998. With passage of the Agricultural Risk Protection Act of 2000 the Department had to issue an interim rule (now referred to as the “first interim rule”) effective July 29, 2002. It contained some of the provisions from the 2000 proposed rule. The remaining provisions will be wrapped into a new “second interim rule.” Janet advised that it is now expected in September or October (*editor’s note: if we have a rule by the time of our fall conference in San Diego, USDA has already agreed to review it in two workshops*). Anticipating possible election year delays, Janet said that training for

state agencies will follow probably in the spring of 2005.

Faith-Based Initiative: Janet reported that USDA is looking at ways to streamline the application process for faith-based institutions based on sample materials from state agencies. She said they are especially targeting the Summer Food Service Program and are responding to concerns expressed that they were not receiving some of the same streamlining benefits aimed at the public sector.

Child Care Assessment Project (CCAP): Janet addressed this 3-year effort by the Department to assess the status of integrity and management improvement changes in the CACFP. It is a data collection effort, a survey, not a SWAT team said Janet. Data from the assessment will be fed into a database to assess program improvements. She said the project is not meant to be antagonistic but it may be burdensome. She said they hope to work to make it not too obtrusive. Lucy Jackson from her staff is coordinating this project. The Western Region will do one assessment this year and then three per year for the remainder of the project. Two assessments have been completed so far, in other regions, to test the instrument. Sponsors will receive two weeks notice Janet advised. Sponsors are selected by headquarters based on a statistical sampling process. Paula asked if sponsors could then advise providers. Joshline McLean responded that sponsors will be asked not to notify providers; the visits have to be unannounced. There followed a discussion of concerns with respect to the size of the team, the length of the questionnaire, time of day, and meal time interruptions. In response to a question Janet said that she would prefer if the sponsor monitor accompany the reviewers. In response to another she said they plan to visit the regulatory number of homes based on sponsor size. Janet went on to say that USDA cannot close their audit without demonstrating improvements in the program. Paula suggested that the sponsor monitor accompanying the team bring along a fun activity to do with the children while the provider answers the questions. All agreed that that was a great

idea. Janet advised that USDA is working on a flier to give to the provider that describes the background and purpose of the visit; it will also be available in Spanish.

Appeal Procedures and Removing Providers from the Program: Janet said there have been some problems nationwide with the process of terminating providers for serious deficiency. In a recent conference call with state staffs a number of concerns/best practices were aired including:

- Do not terminate a provider until the last day to appeal is over.
- Pay only portion of claim that is payable i.e., that portion supported by adequate documentation.
- The maximum time for corrective action is 30 days.
- Missing documentation: state agencies and USDA need copies of all letters to providers during the process (*Carolyn Brown offered that NSD still needs to clarify process in writing for sponsors. In the meantime send copies of all letters to the Program Integrity Unit*).
- There has been a concern in WA especially about using license revocation as a way to kick providers off the program.
- Sponsors are cautioned to use USDA's prototype letters as written; don't change the wording (*the Roundtable hopes to receive an e-version of these from CDE/USDA soon and put them up on our web site*).

BREAKOUT – SERIOUS DEFICIENCY RULE

The serious deficiency process for family child care providers has been a topic of conversation for months if not years now. It has been the topic of numerous breakout sessions at Roundtable meetings, at the recent series of regional meetings held throughout California, and at last and this year's Roundtable Conferences. Everyone has heard horror stories about it. Everyone wants to do the right thing. Responding to this charged

atmosphere, and in an effort to facilitate learning, we decided literally on the spot to conduct a mini-training session on the topic, with guidance and answers to our questions provided by USDA WRO staff present. We reviewed line-by-line applicable sections of the regulations (7 CFR Parts 226.6(l) & 226.16(l)) and responded to questions. In addition we reviewed briefly the six prototype serious deficiency letters provided by USDA to state agencies which were in turn provided to sponsoring organizations (we hope to also add them to our web site). The session was well received and pointed out the continuing need for more training and guidance for sponsors.

Some of the salient points/questions from the discussion that followed included:

- The critical need for hearing officer training.
- The need to still notify a provider of termination in a case where the provider drops the program after a finding(s) of serious deficiency.
- The need for prototype letters in Spanish (and indeed other languages).
- The question that generated the most discussion at the time and indeed across the country in the past month is the definition of "serious" in serious deficiency. Is a provider "seriously deficient" every time her paperwork is not up-to-date during a review, for instance? And how many days out-of-date is defined as "seriously" deficient? One? Two? Three? USDA representatives present discussed this issue in terms of a sponsor's obligation/right to make a "judgment call" taking into account a number of factors such as the provider's English language proficiency, length of time on the program, number of previous reviews with or without similar findings, etc. This is consistent with USDA training material that states, "[s]ome of the reasons for declaring a home seriously deficient are fairly broad, such as 'non-compliance with the meal pattern.' That's because the rule

anticipates that sponsors will use discretion in determining whether a problem rises to the level of a ‘serious deficiency.’ At the same time, ‘sponsor discretion’ cannot be used to keep a provider in the Program at all cost. To appropriately use this discretion, the sponsor must be able to make judgments about: the frequency of the error (was it an occasional error or not?), and about the severity of the error (was it a minor error or a major error?).” The same USDA material goes on to describe the distinction between errors and serious deficiencies. An error might be where a provider is found to have served less than full-strength juice on several occasions in the past month whereas “if it were the 2nd or 3rd review in a row where a provider had been cited for failing to provide full-strength juice, it is possible that the sponsor might view the repetitive nature of this error as warranting a declaration of serious deficiency (emphasis added)....” The USDA concludes the section by admonishing, “[i]t is critical, in cases like this, that follow-up reviews be conducted more frequently, these reviews show improvement immediately, and these reviews show full compliance in a reasonable period of time.” The Roundtable will continue to work with NSD to craft guidance materials that will assist sponsors in making these judgment calls and assist state staff in applying the principles consistently.

NUTRITION SERVICES DIVISION

Janice Hunt welcomed the participants and gave the state report.

Orientation for New Applicants: Janice advised that due to the volume of new applicants to the program, NSD is planning a series of new sponsor orientation sessions. They have conducted three in the Los Angeles area so far. To facilitate the process the Roundtable Advisory Committee agreed to work with NSD to provide trainers as well as training facilities. Janice thanked Terry

Talavera from Options whose space has already been used for orientation sessions. The Roundtable surveyed members on June 7 for possible trainers and meeting space and reported to NSD on the 25th. Six facilities and trainers were identified. If you have space and/or the ability to provide training on a specific program area, and you were not already included in the original survey results, let Janice Hunt know (at jhunt@cde.ca.us).

Reorganization: Janice reported that full implementation of their reorganization scheme is expected by December. However no permanent organization chart is available yet. The goals of the management team, she advised, are to reduce the span of control and offer better customer service. The Resource Information Management Unit (RIM) will be reduced down to just data management; Angelo Queirolo the Manager is retiring. The Administrative Management Unit will be divided into two new units personnel/budget and contracts. The Program Resources, Education & Policy Unit (PREP) will be divided up. Nutrition education and professional development will be a new unit with the program policy piece pulled out (except for nutrition policy). There will be a new Nutrition Program Management Unit divided into schools and community-based (which will include CACFP and Summer Food). Application renewals will be moved out of the Field Services Unit who will return to just reviews. The “Rep of the Day” will go to the Nutrition Program Management Unit (?). Janice reported that the new manager for the Financial Management and Food Distribution Section is Sandip Kaur.

New NSD Web Site: Janice advised that the Division’s web site has undergone extensive changes. Not everything is up yet she said. To help find things she said you can do a search by subject. (*Editor’s note: find the following information at the following URL’s: the new school list – www.cde.ca.gov/ds/sh/sn ; general CACFP at www.cde.ca.gov/ls/nu/cc/ (find Management Bulletins here under “Manuals, Guidance, and Resources.”))*)

Management Bulletins: Responding to concerns voiced by the Roundtable Advisory Committee about the lack of recent Management Bulletins, Janice reported that there had been delays while a new template with the Department's logo was finalized. In addition, some delays are due to the editorial process at CDE Press. Janice reported that the Division is doing everything in its power to expedite issuance of appropriate management bulletins.

Training with Cal-Pro-Net: Janice explained that NSD has planned quite a lot of training for this summer and fall using Cal-Pro-Net. However, they will not be holding the traditional fall conferences. They are planning regional training for child care centers and family child care home sponsors. For family child care they have planned three sessions, one in the Bay Area and two in Los Angeles in August/September. Topics planned include tiering, the serious deficiency process and budgets. The theme is the impact of the current regulations on CACFP. The sessions will be 4 hours in length and will possibly have a small fee. For centers they have planned up to ten sessions. Topics considered include eligibility, menu production records, claim preparation and preparing for an administrative review. These also are planned for August/September. Janice advised that these sessions may be mandatory (*editor's note: we have been further advised that NSD may give sponsors the option to attend either the regional training, the "PIN" training or the Roundtable Conference, as their mandatory training for the year*). In addition, they have planned "PIN" training (sponsors should have received a flier from Cal-Pro-Net). PIN training is aimed at three groups: directors of FCCH sponsorships, monitors of FCCH's and directors of child care centers. These training sessions are considerably longer and cover the program in greater detail (*editor's note: it was originally thought that these were geared towards new sponsors and staffs*). For instance that aimed at center directors is four days long. These sessions are also planned for July-September period. Janice advised that in the future sponsor's

response to training surveys may determine future topics, times and locations (*editor's note: the Roundtable has asked members to specify that training be conducted by knowledgeable staff able to answer specific policy questions at training and be held in conjunction with and/or not conflict with the Roundtable Conference*).

Q & A:

1. **Q.** Where is the new school list? **A.** At the time of the meeting the list had not yet been put up on the NSD web site and Janice advised that they were working on it and had hoped to possibly release what information they had (the list is now available on-line at www.cde.ca.gov/ds/sh/sn/).
2. **Q.** What do sponsors do with providers who have reached their 36th month? **A.** Sponsors were advised to use the "current" old list.
3. **Q.** Can sponsors use direct letters from school officials? **A.** Carolyn Brown advised no, do not use information obtained directly from the school; use census data.

ADVISORY COMMITTEE REPORT

The following topics of interest to the members were discussed at the Advisory Committee meeting on Thursday, May 20, 2004:

Crystal Stair's Providers: At the March meeting Janice Hunt agreed to furnish us with a list of Crystal Stairs' providers not picked up by an area sponsor after their self termination. Janice furnished the list of 128 such providers and Ed Mattson put out the notice to area sponsors by Email on April 23. Thanks Janice. In all, six sponsors expressed an interest and were forwarded the list. We will follow-up with sponsors to see how many were reinstated on the program. This is a great example of the partnership between the Roundtable, its members and NSD working to meet the needs of California's children.

NSD Training Plans Survey: Roundtable Advisory Committee members discussed NSD's training plans at length and gave feedback (see above under *NSD Report*). In addition they agreed

to survey Roundtable members in California on a number of training topics. A survey document/alert went out to all CA members with Email on June 7. Members were to respond to NSD's plans for regional training by June 11; a report was sent to NSD on the 15th. Members were to respond to NSD's plans for new sponsor orientation training by June 18; a report was sent to NSD on the 25th. Thank you for participating and thanks to NSD for allowing us to provide feedback. Carolyn Brown advised that NSD is working on its own training survey. She suggested that we be very specific and frank in our comments with respect to areas of concern such as topics, timing and the qualifications of trainers. She said the Management Bulletin containing the survey went up for signature on May 19. Our June 7 survey/alert gave members a heads-up on this and suggested members respond with greater detail and ask that training be provided in conjunction with the Roundtable conference or not conflict with its timing.

NSD Renewal Process/Forms Survey: NSD staff and the Roundtable Advisory Committee agreed to survey CA Roundtable members and provide feedback on NSD's plans and forms for the 2004-05 renewal. A member's survey went out by Email on June 18 with comments due the 25th. The Roundtable is preparing its comments now. Thank you for your participation and thanks to NSD for allowing us to provide feedback.

CA Forms in Languages Other Than English Survey: The Advisory Committee discussed, at the suggestion of a member, the fact that many of you are probably translating CACFP forms into Spanish, and other languages to meet the needs of your providers. This effort is also being done by many of your colleagues here in California (and elsewhere) at considerable extra expense. For instance, some of you have no doubt had the sponsor-provider agreement translated into Spanish or maybe even Cantonese or Vietnamese. We wondered if we might not set up a system for sharing those resources with other members and possibly sharing expenses somehow. Ultimately we would like to setup a listserv for Roundtable

members, similar to CACFP Talk, where folks can go out into the membership and seek such documents and/or assistance. Until such time as we can establish the listserv we can at least list members, the documents they are willing to share, and contact information on our web site. The survey was sent out on May 27; ten members have responded. The information should be available on our web site under "What's New" soon. Note: members in other states that would like to add their names to the list may do so any time by contacting Ed at mred94523@earthlink.net.

Insuring Providers Are Licensed in CA Survey: At the March meeting Dana Lovelace, the Child Care Licensing Division's (CCLD) Child Care Advocate for Southern California, gave a presentation on licensing and agreed to explore whether she could commit her Division to send license revocation lists to all sponsors (something sought for years by members). Current practice has been to send them, in most instances, only to those agencies serving as the Resource and Referral agent in the applicable county and to NSD. All other sponsors were left out. This issue goes back several years to when licenses were made permanent. With permanence came the problem for sponsors to document that in fact all family child care providers are indeed licensed. The simple fact that a license was once issued does not mean it is current. Licenses can be revoked; providers can fail to renew. At that time, due to the fact that some sponsors were unable to obtain any information on license revocations, NSD and the USDA agreed to a corrective action plan in a Management Evaluation that required NSD to obtain and forward revocation information to applicable sponsors.

Fast forward to the present. At the May meeting Carolyn Brown shared with the group her research of the issue in the regulations. Paragraph 226.6(d) prescribes state agency and sponsor responsibilities. It states, "[s]ponsoring organizations shall submit to the State agency documentation that facilities under their jurisdiction are in compliance with licensing/approval requirements." We were led to

believe that NSD is considering no longer forwarding revocation information to sponsors. To determine if we have a problem the Roundtable Advisory committee agreed to conduct a survey of FCCH sponsors in the state to determine which in fact already receive such information and which do not (this was sent out on May 27). From there we agreed to work further with CCLD and NSD.

As of June 29 we have received 29 responses. The military sponsors use their own form of licensing and the issue is moot. Of the remaining sponsors that responded about a third do not receive the revocation list or do not receive it regularly. Some sponsors serve providers in one or more of the 6 counties that do their own licensing (Del Norte, Inyo, Marin, Mendocino, Sacramento and Tehama) and information on them is incomplete.

In correspondence with Ms. Lovelace on May 28 and June 1 she has further clarified the following:

- They are exploring making licensing lists accessible via the computer but it may take time as staff is short.
- All southern managers in a conference call agreed to send out the list to “any legitimate sponsor” that requests it. She suggested sponsors formally write to their regional manager to obtain the list. In the 6 counties remaining in CA that license family child care she suggested writing to them and requesting a list (Dana sent contact information to Ed on these).
- The “list” is to include a twice a year total package of all facilities and a monthly list of new licensees and closed licenses.
- She suggests resuming our quarterly meetings by contacting the Child Care Program Manager, Melissa Miller (Melissa.Miller@dss.ca.gov).
- She would like sponsors to stop calling for profile sheets; she believes it is the responsibility of the licensee to obtain these.
- Her counterpart in Northern CA is Betsy Rutana (Elizabeth.Rutana@dss.ca.gov).

The Roundtable Advisory Committee needs to determine the next step. Does it want NSD to issue clarifying guidance? At issue is how this area will be reviewed by NSD reviewers, consistency between reviewers and possible consequences of asking for more guidance than we need. The issue will be further taken up at the July 15 Advisory Committee meeting.

Regional Meetings Update: Some months back the Advisory Committee decided to try conducting regional meetings in addition to normally scheduled Roundtable member meetings. The idea was to provide a more localized opportunity for sponsor staff to attend a meeting and dialogue in a non-threatening environment on current program issues. To kick off the new format members decided to dialogue about critical changes in the new regulations – the serious deficiency process, hearings and appeals and the national disqualified list. Our intent was to develop a list of best practices and a set of questions for NSD. So far we have had meetings in the Bay Area on January 12, Redding on February 19, Temecula on March 17 and the latest in the Central Valley on April 15. Meetings are still planned for Los Angeles and possibly the Central Coast (if you would like to host a meeting at your facility in the next few months contact Ed). We hope to begin consolidating the results soon, time permitting (planning for the conference has the highest priority).

“Nibbles for Health” Update: Some family child care sponsors had not received their USDA “Nibbles for Health” publication. NSD agreed to look into it. In the meantime we received the following notification from USDA: Newsletter #5, "Child Care, What Will My Child Eat?" lists servings for young children. The quantities listed for Lunch or Supper indicate "2 (1/2 cup) portions juice, fruit, or vegetables". This should read "2 (1/4 cup) portions..." We will correct the document file at the Team Nutrition website. At this time, we have no plans to reprint this page. We encourage staff and sponsors to make pen and ink changes on their copies.

Provider Overclaim Repayment Process: One of our AC members had asked whether there was any way to simplify the return to NSD of funds collected from providers determined to have been overpaid due to serious deficiency. Carolyn Brown acknowledged the workload implications but stated that there was only one way acceptable to the reporting requirements for USDA – sponsors must submit downward adjusted claims for all applicable months of the overpayment.

CA Schedule A's: One of our AC members pointed out that everyone should use care when reviewing Schedule A's sent from NSD. She had noted some missing adds and was concerned. Others have found similar errors. Carolyn Brown agreed to look into the process at their end. Whatever the reason, sponsors are warned to review them carefully to avoid possible problems during reviews/audits.

ROUNDTABLE REPORT

Team Nutrition Mini-Grant Recipients in CA: The Roundtable wishes to congratulate this year's recipients of NSD's Team Nutrition Best Practice Mini-Grants. Using USDA TEAM Nutrition Training Grant funds the NSD encouraged child care agencies and school districts to apply for local assistance grants of up to \$10, 000 to develop or refine, pilot test and showcase a best practice in the area of nutrition education and physical activity. At the end of the grant period NSD proposes to consolidate the tested best practices into two tool kits, one for schools and one for child care agencies. Child care agencies receiving the award included: Cabrillo College Children's Center, Chabot College Children's Center, 4C's of Alameda County, Cornerstone Accelerated Learning Academy, Del Norte Child Care Council, North Coast Opportunities – Head Start Program and the YMCA of Metropolitan Los Angeles. Look for a workshop on these child care recipients at the conference in San Diego. Get ideas for your own grants in the future.

Roundtable Web Site Upgrades: The Roundtable web site at www.ccfproundtable.org

has undergone a few updates. Old information was removed and new information and resources added. Check it out! Conference information and a registration form are now available under the "Conference" tab. Within the next few months we will be making more major changes to the look and feel of the site. To accomplish this we are looking for a few good photographs. If you have pictures of children in a child care setting (with release forms) and/or pictures from past Roundtable meetings or conferences that you are willing to share, please contact Ed at mred94523@earthlink.net.

CALIFORNIA FOOD POLICY ADVOCATES

State Legislative Update: CFPA staff asks us to support the following state legislation in California (read more about each at www.cfpa.net):

- *AB 1796* – would restore Food Stamp benefits to rehabilitated drug felons.
- *AB 2013* – this bill would eliminate costly and ineffective finger-imaging in the Food Stamp Program. It would save a cash-strapped California \$8.5 million per year. The bill has passed in the Assembly and moved over to the Senate.
- *AB 2686* – this bill would improve the nutritional quality of school meals and give parents information on the nutritional content of their children's school meals. An amended version of the bill passed out of the Senate Education Committee on June 24 and will be before the Senate Health & Human Services Committee on June 30.
- *SB 1566* – implements SB 19 with some modifications. It sets standards for competitive food sales in schools and removes the SB 19 funding requirement. It has moved to the Assembly for consideration.

Summer Food Service Program: When school lets out for the summer children do not stop needing food assistance. That is the reason for the Summer Food Service Program. Find out what

you can do to ensure children in your community, siblings of the preschool children in your care, have access to these summer meals, and find out how recently passed Child Nutrition Reauthorization legislation has allowed California to expand its program to include snacks served in afterschool settings, at CFPA's web site. Do it today!

UPDATES SINCE THE MEETING

New ERS Study – “Maternal Employment and Children’s Nutrition: In June USDA’s Economic Research Service (ERS) released a significant new study on “Maternal Employment and Children’s Nutrition.” The abstract describes the study as follows, “[t]his study analyzed differences in nutrition outcomes among children whose mothers work full time, part time, and not at all, and the role USDA’s Child and Adult Care Food Program (CACFP) plays in meeting the nutrition needs of participating children, especially those whose mothers work.” The study documents some significant improvements in children’s diets on the CACFP but it stops short of claiming the CACFP is fully responsible due to a low sample response rate. Find this important study at www.ers.usda.gov/publications/efan04006 (note: *Linda Ghelfi from ERS will present the findings from this study at our conference in San Diego*).

WEB SITES FOR MAY 2004:

- www.fns.usda.gov/cga/Federal-Register/2004/032904-a.pdf - New income guidelines effective July 1, 2004 found here.
- www.kidsnutrition.org – Find current and back issues of *Nutrition & Your Child*, a research-based newsletter produced by the ARS/USDA Children’s Nutrition Research Center at Baylor College of Medicine, here.
- www.ers.usda.gov/publications/efan04006/ - Find the new ERS study on “Maternal Employment and Children’s Nutrition” here.
- www.jacn.org – Web site of the Journal of the American College of Nutrition. Find the preschool study mentioned above here (for a fee).

- www.fns.usda.gov/tnresources - Find order form for *Nibbles* here.
- www.cde.ca.gov/ls/nu/cc/ - CACFP section of NSD’s new web site.
- www.cde.ca.gov/ds/sh/sn/ - New school list at NSD’s new web site.

CONFERENCE REPORT

Planning for the Roundtable’s 13th Annual Conference – “CACFP: A Fresh Attitude” – is underway with several exciting speakers and workshops lined up. Members are excited by the fact that we are returning this October 25-27 to the magnificent Catamaran Resort Hotel on Mission Bay in San Diego! It is truly one of the finest venues we have had in 13 years. The location right on the water is unsurpassed. Our first rate program includes the following:

FEATURED SPEAKERS

ELLYN SATTER

Ellyn Satter, MS, RD, LCSW, BCD, is a therapist, author and lecturer. She is a Registered Dietitian, a holder of the Diplomat in Clinical Social Work, and has a private psychotherapy practice. Satter specializes in psychodynamic psychotherapy and in the symptom management of eating disorders. Her books, journal and magazine articles, teaching materials, seminars and media interviews have made her well-known to parents and professionals as an authority on nutrition and feeding of infants and children. Ms. Satter is a popular speaker, both nationally and internationally. Her audiences have been enthusiastic about her clear, engaging and practical integration of complexities from the nutrition and mental health fields. Her clear explanations of normal and distorted eating and feeding are accessible to a variety of listeners. She has been a leader in empowering nutrition, health and mental health professionals to adopt sound approaches to the issues of feeding and eating. Visit her web site at <http://www.ellynsatter.com>.

Ms. Satter will present two pre-conference sessions. At the National CACFP Forum Pre-Conference on **Sunday, October 24**, Ms. Satter will

present, *"Helping Children Eat and Grow Well in Child Care."* The child who is a good eater likes a variety of food, and knows how to learn to like new food. The good eater eats the right amount of food to grow in the way that nature intended. The good eater knows how to behave at the table so adults and other children enjoy having him there. How do we help children learn these eating skills? What do children need in a child care setting so they can become good eaters? This workshop teaches the *Satter Feeding Dynamics Approach* to answering those questions. Participants will learn to: understand in-depth the basic principles of the division of responsibility in feeding; understand what children need to be successful with eating; identify early learning with food regulation and growth; find out what works and what doesn't work in feeding children.

The balance of this workshop focuses on child development as it relates to feeding from birth to age five. Even for the provider who works with older children, understanding development and eating mastery at the earlier stages explains a child's behavior and gives direction in understanding and guiding that behavior. Case studies for stages of development let participants practice applying the information when solving common feeding problems. Working with parents around solving those problems is a part of each case study. This segment and the ones in the afternoon will give providers ample opportunity to ask their own feeding questions and raise specific feeding issues. Participants will learn to: understand the principles of stage-related child feeding; apply these principles to common feeding problems; solve familiar feeding problems; develop approaches to working with parents about feeding issues.

At the CCFP Roundtable Pre-Conference on **Monday, October 25**, Ms. Satter will present, *"Feeding Dynamics Education and Intervention in Child Care."* This is the how-to workshop for primary care professionals who have been well-exposed to Ellyn Satter's principles with respect to child nutrition and feeding. This workshop teaches the *Satter Feeding Dynamics Approach* to stage-related feeding, child development as it applies to

feeding and early problem-solving with feeding. Tools for assessing feeding are presented along with guidelines for feeding-relationship interventions based on these assessments. Handouts that teach stage related feeding are illustrated along with materials that aid in early problem-solving with feeding. Finally, since dealing with behavioral issues mandates an understanding about levels of intervention, a clear distinction is drawn among primary, secondary and tertiary care. As a result of taking the workshop, the learner will be able to: recognize the basic principles of feeding dynamics; understand how the feeding relationship can impact the child's ability to eat a variety of food and grow in an appropriate fashion; understand child development as it relates to feeding; consider the possibilities of feeding relationship interventions in solving common nutritional problems; identify the differences among primary, secondary and tertiary interventions; think strategically about involvement with parents in acting on behalf of their child.

ANTRONETTE YANCEY

Antronette Yancey, MD, MPH is currently an associate professor in the Department of Health Services, UCLA School of Public Health, with primary research interests in chronic disease prevention intervention and adolescent health. She has recently returned to academia full-time after five years in public health practice, first as Director of Public Health for the city of Richmond, VA, and, until recently, as Director of Chronic Disease Prevention and Health Promotion, Los Angeles County Department of Health Services. Dr. Yancey has authored more than 50 scientific publications, including peer-reviewed journal articles, briefs, book chapters, and health promotion videos.

Dr. Yancey completed her undergraduate studies in biochemistry and molecular biology at Northwestern University, her medical degree at Duke, and her preventive medicine residency/MPH at UCLA. She is a basketball enthusiast and poet/spoken word artist. Her book of poetry and art, a collaboration with artist Todd Berrien, *An Old Soul with a Young Spirit: Poetry in the era of desegregation recovery*, was released in 1997, and her spoken word music

CD, a collaboration with musicians Ciro Hurtado and Kim Jordan, was released in 2001.

Dr. Yancey will make a presentation at Monday's opening session/plenary.

CONNIE EVERS

Connie Evers, MS, RD is a registered dietitian, consultant and author who specializes in the health of children and adolescents. She works as a nutrition education consultant to schools, universities, state agencies and USDA child nutrition programs throughout the nation, developing programs, writing materials and providing hands-on training to educators, caregivers and nutrition professionals. She is the author of *How to Teach Nutrition to Kids*, the companion *Leader/Activity Guide*, and the *Feeding Kids* online newsletter located at <http://www.nutritionforkids.com>. Her work has appeared in *Healthy Kids Magazine*, *CHILD* magazine, *School Foodservice & Nutrition* magazine, *Food Management*, *Childbirth Instructor*, *The Oregonian* and many other newsletters and publications. She speaks frequently to local and national audiences and is a frequent guest on radio and television programs throughout the U.S.

Ms. Evers will present a keynote address on Tuesday October 26 entitled, "Create a New Nutrition Culture for Kids." Today's children face an increasing number of nutrition problems, including fragmented eating habits, poor food choices, obesity and eating disorders. As parents and educators, it is our job to counter these trends by creating a new culture for health, one where we role model good eating habits, provide regular and shared meals and rediscover the joy of fun physical movement. Participants will: explain recent cultural trends that affect the nutrition and weight status of children; identify positive messages to communicate to children and parents regarding food, activity and body image; rediscover the joy of healthful food and fun physical movement.

PLANNED WORKSHOPS

INCLUDE:

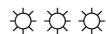
- Nutrition Policy for Centers

- Procurement for Child Care Centers
- Food Safety & Sanitation for Centers: Keeping food safe during preparation and service
- Menu Planning for Centers: Variety, good nutrition and acceptance
- Patty Kimbrell will present a workshop on physical activity for children
- Fat Chance!
- Combining Music, Movement & Activities for Ages 2-6
- Peer Coaching
- Distance Learning for CACFP
- Best Practices in Provider Training
- Learner-centered Training
- Food, Fun and Fitness Time
- Cooking with Children
- World of Food Through a Child's Eye
- Infant Feeding in CACFP
- Implementation of Child Nutrition Reauthorization Legislation
- New Developments in CA Food & Nutrition Policy
- Low Carb Diets
- Iron: Essential for normal cognitive development - strategies for promoting diets kids love
- USDA Update: Second Interim Rule
- Preparing for an Audit: Importance of internal controls
- Deya Brashears will present a workshop on brain development
- Good Food & Play Make a Balanced Day
- Vegetarian Meals
- Best Practices in Serious Deficiency/Corrective Action Process
- Best Practices in Hearing/Appeals Process
- Technology Enabled for CACFP

STAY 'N PLAY IN SAN DIEGO

San Diego is one of the world's foremost oceanside communities with world class fun things to see and do, like:

- ❖ San Diego Zoo
(www.sandiegozoo.com)
- ❖ SeaWorld San Diego
(www.seaworld.com)
- ❖ Old Town and Presidio Park.
- ❖ Balboa Park (www.balboapark.org)
- ❖ San Diego's Gaslamp Quarter with more than 90 restaurants, 35 nightclubs and 100 shops and galleries.
- ❖ Legoland California
(www.lego.com/legoland)
- ❖ Belmont Park/Mission Beach near the hotel.
- ❖ La Jolla Cove
- ❖ Coronado/Hotel Del Coronado
- ❖ San Diego Aircraft Carrier Museum
(www.midway.org)
- ❖ There is just too much to see and do in San Diego to list here. Go to www.sandiego.org for more information.



**MARK YOUR CALENDARS AND MAKE
RESERVATIONS FOR
THE NEXT TWO ROUNDTABLE
MEETINGS**

FRIDAY, JULY 16, 2004

9:30 AM - 3:00 PM

Harrah's Lake Tahoe, 2nd Floor Convention Area
Stateline, Nevada

LODGING INFORMATION: You are encouraged to stay at Harrah's as they have graciously donated the meeting space (there is NO room block however). Their number is 1-800-427-7247. Other hotels in the area include:

Embassy Suites 1-800-362-2779
Forest Inn Suites 1-800-822-5950
Lakeland Village 1-800-822-5969
Station House Inn 1-800-822-5953
Lake Tahoe Inn 1-800-972-8557
Holiday Inn Express 1-800-544-5288
Motel 6 1-530-542-1400

DIRECTIONS: *From Sacramento/Bay Area* – take Hwy 80 to Hwy 50. Follow Hwy 50 into and through

South Lake Tahoe and over the state line. Harrah's Casino is the first casino on the right (just past Embassy Suites). There is free parking around the back; valet is basically the cost of a tip. *From Reno/Tahoe Airport* – A shuttle service is available from the airport to all the casinos for a \$17 one-way/\$30 round-trip (Tahoe Casino Express 1-800-446-6128). If coming by rental car, take Hwy 395 to Carson City, then Hwy 50 up to South Lake Tahoe. Harrah's is the last casino on your left before you cross over into California.

The **Advisory Committee Meeting** is at the El Dorado County Library on Rufus Allen Blvd. (same as last year), Thursday, July 15, 10:00 a.m. - 4:00 p.m. To get there from the west, turn right onto Rufus Allen Blvd (a lighted intersection, where the road meets the water) library is on the right about 1/8 mile (before the campgrounds).



FRIDAY, SEPTEMBER 17, 2004

9:30 AM - 3:00 PM

Location to be determined
Santa Barbara