



Roundtable news

A bimonthly newsletter on nutrition policy and legislation concerning the child and adult care food program

MAY/JUNE 2005

2005 CONFERENCE TAKES SHAPE

Planning is near completion for the Roundtable's 14th Annual CACFP Sponsor's Conference, "CACFP: Healthy Kids Start Here," October 17-19, 2005, in Anaheim, California. Registration materials are NOW available online (www.ccfproundtable.org under Conference tab) and will be mailed out to everyone shortly.

General Session/Keynote Speakers Confirmed/Invited:

- **ERIC BOST**, Under Secretary of Agriculture for Food, Nutrition & Consumer Services – Mr. Bost has been invited to address members on the "State of CACFP" on Tuesday, October 18 at lunch.
- **LAUREL BRANEN**, PhD, RD, LD, Associate Professor of Foods and Nutrition, University of Idaho School of Family and Consumer Sciences – Dr. Branen will participate in Tuesday morning's general session entitled, "How Much of a Gap is There Between Feeding Guidelines and Feeding Practices?" In addition she will co-present a workshop on Tuesday afternoon, "A New Tool for Evaluating Mealtime Environments in Child Care Centers."
- **JANICE FLETCHER**, EdD, Professor in Child, Family and Consumer Studies at the University of Idaho and Director of the Child Development Laboratory – Dr. Fletcher will co-present the Tuesday morning general session and Tuesday afternoon workshop with Dr. Branen.

See **Conference**, Page 2, Column 1

Hayward, May 19, 2005

CHAIR REPORT

Paula James welcomed the Roundtable and gave the following brief introductory remarks and announcements. She thanked Stephanie Clarke, from 4C's of Alameda County for providing the refreshments and arranging the nice meeting room. Paula then asked attendees to introduce themselves as there were a number of new faces.

California Healthy Kids Resource Center – Jackie Russum: The center is co-located with the Alameda County Office of Education, the location of this month's meeting, so Paula asked Jackie to come over and say a few words to members about the center and

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- **GERALDINE HENCHY**, Senior Policy Analyst, Food Research and Action Center – Ms. Henchy will co-present and facilitate Monday afternoon’s opening session on “Washington Update.” Known and respected by everyone in the CACFP world, Ms. Henchy is sure to provide us with the very latest information on the future of CACFP.
- **SUSAN JOHNSON**, PhD, Assistant Professor at the University of Colorado Health Sciences Center, Center for Human Nutrition – Dr. Johnson will co-present Tuesday morning’s general session.
- **MADELEINE SIGMAN-GRANT, PhD, RD**, University of Nevada Cooperative Extension – Dr. Sigman-Grant will present a pre-conference session, “Using Facilitated Dialogue to Promote Compliance in CACFP,” on Monday morning.
- **CHRISTINE WOOD**, MD, – Dr. Wood is a practicing pediatrician, author and lecturer. She has written *How to Get Kids to Eat Great & Love It!* and numerous magazine articles. She is a Board Member of the Coalition on Children and Weight San Diego and is its Committee Chair for Education and Outreach. Dr. Wood will present Tuesday afternoon’s Keynote entitled “Building Blocks to Lifestyle Choices: Starting Young.”

The **CCFP Roundtable News** is a bimonthly publication for members of the Child Care Food Program Roundtable, an affiliate organization of the California Food Policy Advocates, 116 New Montgomery Street, Suite 633, San Francisco, CA 94105.

Editor
Edward Mattson

Membership is from Jan 1 to Dec 31 every year. For more information please contact Ed at 530-677-9410 or mred94523@earthlink.net

MISSION STATEMENT

The mission of the Child Care Food Program Roundtable is to promote health and well-being of children in child care through providing leadership and advocating for enhanced and expanded CCFP.

Tracks/Workshops Under Consideration:

- **Nutrition & Health:** Rock & Roll Them Like Dough! Music, Movement & Fun for Ages 2-6; Staff as Role Models for Good Nutrition Practices; Surviving Feeding Challenges; The New MyPyramid; Integrating Health & Safety in the Classroom.
- **Foods & Menu Planning:** Cooking with Children; A New Tool for Evaluating Mealtime Environments in Child Care Centers - Janice Fletcher & Laurel Branen; Food Allergies; Multicultural Lesson Plans and Food Preparation; Tools & Materials for Making Mealtime Fun Time.
- **Center Specific:** Menu Production Records - Kelley Knapp; Center Monitoring Best Practices; Get Moving! Simple Ideas for Physical Activities for Young Children; Nutrition Can Be Fun...And Good For You Too! Health Issues and Children’s Learning.
- **Family Child Care Best Practices:** National CACFP Forum CCAP Assessment Tool; How Can Monitors Approach Cultural Diversity? Serious Deficiency & Hearings Best Practices Panel; Helpful Materials & Tips for Working with Kids in the Kitchen; Provider Training Best Practices Panel; Unannounced Visits Best Practices Panel.
- **General CACFP:** Importance of Internal Controls; Infant Nutrition; NFSMI & Team Nutrition Resources for CACFP; Integrity & CCAP Updates – USDA.

- **Professional Growth & Development:** Tips on Reducing Stress; Legislative Advocacy Made Easy Panel; Learning Centered Education; Facilitated Dialogue
- **CACFP Software:** Minute Menu.

For a day-by-day view of the entire conference and workshops view the “Draft 2005 Conference Schedule & Workshop Grid” on our web site at www.ccfproundtable.org. Don’t miss this annual event! These are the workshops and speakers you have asked for. Hotel rates have been rolled back to the 1990’s! Disneyland is across the street! You just cannot beat this deal■

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its terrific resources. The following is from their web site at www.hkresources.org:

The California Healthy Kids Resource Center (CHKRC) maintains a comprehensive collection of health education materials for use by teachers, administrators, university faculty, LEA staff and other professionals who work with preschool through 12th grade students in school settings and after-school programs. The CHKRC is funded by the California Department of Education School Health Connections, Healthy Kids Program, Nutrition Education and Training Unit and the California Department of Health Services Nutrition Network. The CHKRC was created to encourage schools throughout California to establish stimulating and effective health education programs and to provide accurate and sound information about health issues. It was established to assist schools in promoting health literacy.

Materials from the center may be borrowed at no cost (except for the return shipping charge) and include: curricula, videotapes, teacher reference and research materials and models and other displays. These materials have been evaluated as high quality by a materials review board of California educators and health professionals; they include a wide variety of nutrition and health-related topics. Check out materials online.

BREAKOUT SESSION – CCAP and You II

The importance of preparing your organization for a Child Care Assessment (Project – CCAP) cannot be overstated. However it is equally important not to panic if you are selected. This is NOT a review. Why not turn it into an opportunity to improve your program? Make it an excuse to conduct your own self-assessment.

The Roundtable felt it a good idea to devote the breakout session to this topic again for the Northern California sponsors (see the March/April edition of the *Roundtable News* for information from the Southern California session). To reiterate, CCAP was necessitated by the “Kiddie Care” audits begun in 1996 and the USDA response including the Management Improvement Guide and the First and Second Interim Rules. The USDA is using the CCAP to evaluate the effectiveness of those program integrity changes. It cannot close out the audit until improvements have been demonstrated. The process, begun in 2004, steps up its efforts in 2006 (for 2005 no additional California sponsors are targeted). In each of 2006 and 2007, twenty-one assessments will be completed. Sponsors will be chosen on a nationwide basis, however, the USDA has advised us that as there are a larger number of family child care sponsors in the West to expect the majority to be out here.

So we have a few months to prepare ourselves. Some of the areas to be looked at include the following. Five percent of your providers will be targeted for an on-site assessment. To date, problems found in order of frequency included not having records up to date, followed by problems with menu records and not being home or no response. Provider files will be reviewed for a current agreement, state approval, tiering designation, documentation of training and monitoring. The team will validate meals claimed for the provider for the review month and look at enrollment data.

The team will look at sponsor implementation of integrity changes including boards of directors, staff and provider training, suspension and serious

deficiency, appeals and outside employment policies, monitor staffing, and parental notification. They will assess financial management systems including cash flow and check clearing patterns, evidence of insufficient funds, meal count consolidation procedures, documentation and allowability of costs claimed, provider payment accuracy and timeliness. You might want to refer to the PowerPoint presentation USDA made for the FRAC conference last February. It can be found at www.fns.usda.gov/cnd/Care/Management/Improvement.htm.

There are a number of tools a sponsor might use to make their own self assessment. Sponsors can review the Management Improvement Guide from a few years ago; it contained a model administrative review form as well as sponsor performance standards. Further, sponsors could conduct a thorough review of themselves using their state's administrative review form. Finally, sponsors could use the self assessment tool developed by the National CACFP Forum. This very comprehensive tool, developed for Forum members, has both a sponsor Operation Review as well as a Provider File Review checklist. Find out more at www.cacfpforum.org.

At the meeting members briefly discussed feedback we received from the last sponsor in California to undergo an assessment. That sponsor had 13 team members show up for the week. Thirty to thirty-five percent of its providers did not have their paperwork up to date (anywhere from one day to several weeks are treated the same). The sponsor was concerned that its monitors could not accompany the team on the provider visits. As this was contrary to what we had been advised in Washington, DC, we asked USDA to respond. Jesus Mendoza, from the WRO, said that they had found that providers may not answer the questions in the same manner with their sponsor's monitor in attendance, so they decided to not invite them along. The USDA did say that in cases where there are language barriers that the team could not address, a sponsor's monitor would be asked to go along. Everyone that has undergone an assessment

has testified to the fact that the USDA teams are respectful and nice.

NUTRITION SERVICES DIVISION

Assistant Division Director Debbie Meeker welcomed the participants and along with Janice Hunt and Lynette Brown gave the following state report. Ms. Meeker opened by saying that she valued our feedback and the opportunity to dialogue with USDA and other stakeholders.

The NSD was unable to attend the Advisory Committee meeting on Wednesday so we submitted a list of issues and concerns for their response at the Roundtable meeting. Janice Hunt had responded briefly to the list by email prior to the meeting and Ms. Meeker and the others addressed our concerns in more detail at the meeting. She suggested that we all share the same programmatic goals but that there are different ways to get there; they want to choose the best to efficiently use their limited resources.

PIN Training: Lynette addressed our concerns for Program Integrity Now (PIN) training. We had expressed a concern for the fact that some sponsors had misunderstood that the training was mandatory and when trying to enroll found the classes filled up. We further asked to clarify whether PIN training, as originally envisioned, was for new sponsors or staff and sponsors found to be seriously deficient. The PIN training this year was for centers and we wanted to know if there would be PIN training for family child care sponsors. Lynette explained that PIN training is competency based, 3-4 day training for managers. It is intended to promote accountability and integrity. This year's training was for centers. Two sessions were already held in April and May and a third is planned for June 8-10. She said they do try to limit classes to just 30 students and she reiterated that indeed the training is aimed at new sponsors, staff or those in serious deficiency status. Lynette further stated that 95 are registered this year with 77 on the wait list. Their goal is to offer it every year semi-annually; they are limited by funding. She further clarified that as the training includes training on the Second Interim Rule attendance would fulfill the

requirement for the mandatory training this year. She said they plan to offer PIN training for family child care sponsors next year.

Integrity Training On-Line: Lynette stated that it is their intention this year to offer integrity training on the Second Interim Rule on-line. Cal-Pro-Net at Fresno City College is just getting started developing it now. They would like to field test it in July and will contact the Roundtable for assistance. Training for sponsors would then likely begin in August with exact dates to be determined. She said that one staff member from every agency would minimally have to take the course. We asked how they plan to answer sponsor questions and Lynette stated that they are considering a discussion board. We also suggested that perhaps a follow-up workshop could be offered at the Roundtable Conference to go over questions from the training. Debbie Meeker agreed to explore the possibility.

Meal Times & Spacing: One of the questions given to NSD prior to the meeting concerned the new permanent agreement and meal times and spacing policy. The new agreement form only addresses meal times (at number 9 in "The Provider Agrees to:" section). Our concern was for the previous meal spacing policy in the out-of-date Management Manual, Section 923. Without a written policy we were concerned that some sponsors might allow providers to serve meals to maximize reimbursement and with no regard to the previous policy. It becomes a competitive issue. Janice agreed that NSD will research and issue written clarification. In the meantime she suggested that sponsors go ahead and use the prototype agreement contained in Management Bulletin 05-209. If sponsors want to modify it to add meal spacing language they should get NSD approval. She did clarify that there is no regulatory provision on meal spacing in family child care homes.

Schedule A's/Agreement Renewals: The Roundtable expressed a concern for the timing of the Schedule A's at the beginning of the month in its list of concerns and issues. With claims it is the busiest time of the month for sponsors. Ms. Meeker said they heard us and agreed to extend the

deadline to the end of the month. However, sponsors that can complete them earlier are encouraged to do so to help with their workload. A few sponsors at the meeting said they had called the contact person at NSD with questions and had not yet been called back. Ms. Meeker stated that callbacks are taking about a week right now. The remainder of the renewal packets should be out by June 30 with a 30-day due date she advised.

Center Meal Cash Advances: Ms. Meeker stated that with USDA's encouragement NSD is taking a look at center meal cash advances. Some sponsors have had an advance outstanding for a number of years. Some have dropped off the program with the amount still outstanding and NSD has had to try to recover the advance. The NSD still has to pay back USDA even if the sponsor cannot. The total amount now outstanding is \$9.7 million. Ms. Meeker stated that other states do not offer them so liberally or do so only under time limited conditions. So they are exploring a change for 2006. One consideration is that new sponsors will have to apply for an advance under limited circumstances and if granted would have to pay it back within the first year. They are considering having ongoing sponsors pay back the advance over a ten month period beginning in October 2005. She stated that sponsors can determine the amount outstanding by referring to their monthly remittances. She further invited Roundtable members to contact her ASAP with any concerns and issues with the payback scheme as outlined.

2006 Budget Approvals & Roundtable Conference: In its prepared issues list the Roundtable asked whether NSD would follow similar guidelines as last year and allow members to attend the Roundtable Conference even if their 2006 budget was not yet approved. Our concern is that the budget approval process sometimes breaks down or bogs down and we did not want to jeopardize a sponsor's opportunity to attend over this. The Roundtable Conference has always been an allowable expense and we want to ensure that it continues to be even while sponsors work with NSD to complete the renewal process. Ms. Meeker addressed our concern by stating that the budget

approvals will be completed timely for the Roundtable Conference. The Roundtable believes that a simple statement accompanying the budget package to the effect that attendance at the Roundtable's October Conference is approved would fit the bill.

Reorganization at NSD: Ms. Meeker reported that the first phase of reorganization has begun. Some of the analysts from the Field Services Unit have been transferred over to Policy and Program Administration. An announcement for the unit manager's position (Staff Services Manager II) has been issued, closing June 4. As stated previously the unit will have two sections, one for schools and another for community-based programs.

School List Problems: The Roundtable expressed a concern for continuing problems with school list. The Morongo School District has had an ongoing problem that impacts two sponsors on the Advisory Committee. Their data was incorrectly reported a year ago last October. The NSD had advised that the only way to correct the problem was to go through regular district channels for reporting; sponsors could not get updated data directly from the schools and use it. The sponsors involved then worked with District officials to update the data through official channels but the school list was still not changed. Sponsors asked what the hold up is. Ms. Meeker reported that another branch of the Department of Education handles the school reporting and generation of the list and that they have advised NSD that they only update the list once a year. Members asked USDA representatives at the meeting if there was not some way to remedy this situation. They further asked to whom they might address a letter at CDE to try to get remediation.

Q & A:

The following additional questions were asked of NSD during the meeting:

1. **Q.** Several references were made to the "day care home team" in recent correspondence with NSD. Who is the day care home team? **A.**

Karen Gillham, Donna Slattery and John Copley.

2. **Q.** At the April 19 Roundtable regional meeting in Northern California the need for technical assistance was discussed. Several of the participants have new program staff but because of their small size and remote rural location are unable to attend regular meetings, PIN training sessions or other opportunities. Travel funds are extremely limited. The Roundtable wondered what assistance NSD might be able to provide. Can NSD for instance send a staff person up to the area to provide training? Would NSD pay travel for sponsor staff to attend training in the Bay Area? Would NSD pay travel for other Roundtable members to mentor the new staffs? Could a new sponsor packet be developed? **A.** Ms. Meeker said that the on-line integrity training will help and also suggested that NSD might consider putting PIN training on-line. She said it is not only a problem for CACFP sponsors but schools also. They will explore their options and get back to us.
3. **Q.** Janice advised that the 4C's of San Mateo County is the newest sponsor to decide to drop the CACFP effective June 30. *(Editor's note: my call to Ms. Stokley on May 20 confirmed the news. They can no longer afford to subsidize the food program at the rate of \$100,000 per year as they have done in the past. AP administrative funds are being diminished. Their board has wanted to cut their losses for some time but the importance of the home visits made them hang on. Now the new atmosphere of "criminalizing" the providers is the final straw she advised. Their other programs depend upon the provider's good will which has been jeopardized by the new attitude inherent in the serious deficiency process. Also the salary structure at her agency made it difficult. She could no longer do the job of CACFP with salaries commensurate with what others receive in the agency for equal work.)* **A.** Janice Hunt reported that Janice Kirwan is overseeing the transition process for providers.

4. **Q.** Sponsors would like to nail down recordkeeping provisions of the rules in a number of areas. Historically sponsors have retained records for three years past the current year. Have the National Disqualified List and serious deficiency process changed this? Must some records now be retained for 7 years? If so which records? Sponsors have also been waiting for guidance from NSD on dealing with un-cashed provider checks. Some have been retaining records and funds for a number of years while others have included them in the three year requirement. Which procedure is correct? Will sponsors be liable if guidance has been lacking? **A.** NSD and USDA agreed to research the answers and get back to us.

5. **Q.** Finally, one member asked a very good question concerning when and how to use the termination for convenience clause of the regulations and whether it pertains to a particular provider issue. The provider in question has been on the program for a number of years and is now quite elderly. When visited the provider has children in care and the meals meet the meal pattern however she is no longer able to maintain the daily paperwork at her age. Licensing has refused to deal with the issue. Should the provider be declared seriously deficient or gracefully terminated for convenience? **A.** This is a thorny issue and not one easily answered in black and white terms. The NSD agreed to look into it and get back to the sponsor. We suggested that perhaps some principles could be drafted to guide sponsors in the application of this rule. Or maybe it is best dealt with on a case-by-case basis with sponsors seeking guidance from NSD on each particular case. (*Editor's note: in this particular case NSD has agreed to use of the convenience clause*).

CFPA REPORT

Ken Hecht attended the meeting and gave the following report. He said it has been a "wild season" thus far with what's happening between the Governor and the Legislature.

Governor's Budget – May Revise:

The biggest recent news is in the Governor's budget as it has evolved in the May Revise, released on Friday, May 13. Although 2005-06 revenues are up by more than \$4 billion from originally anticipated, the outlook for low-income peoples' issues remains pretty grim. According to the California Budget Project's initial analysis, the May Revision continues the Governor's January proposals to: 1) reduce CalWORKs grants by 6.5 percent and eliminate the cost-of-living-adjustment (COLA); and 2) withhold the federal COLA for the federal government's share of SSI/SSP grants and use the federal funds to offset state costs for the program.

Child Care:

The May Revision maintains the Governor's January child care proposals, including proposals to: 1) impose a time limit on CalWORKs Stage 3 child care, which would require working, former CalWORKs families to join already overcrowded waiting lists for subsidized child care; 2) reduce reimbursement rates for license-exempt child care providers (In January, the Administration estimated that this proposal would result in General Fund savings of \$140 million in 2005-06); and 3) base income eligibility for the state's subsidized child care programs on the federal poverty level (FPL), rather than on state median income (SMI). Over time, this change could reduce the number of families who qualify for subsidized child care, since the FPL tends to increase more slowly than SMI.

Governor's School Nutrition Agenda:

A handful of Strategic Alliance members met with HHS Secretary Kim Belshe Friday the 13th and were briefed on the Governor's 2005 school nutrition agenda, which includes: 1) support for SB 12 (Escutia) that brings SB 19 nutrition standards to all competitive foods sold on school campuses; 2) support for SB 965 (Escutia) that carries the soda ban, currently in effect in elementary and middle schools, on up through high schools; and 3) a new designation in the May Revise of \$18.2 million with which to add fresh fruit (versus juice) to school breakfast programs. Ken pointed out that even though the legislature does not favor this proposal,

it is enormously exciting for CFPA, which is in the midst of a campaign, called BreakfastFirst, to strengthen and expand the School Breakfast Program (see www.BreakfastFirst.org for much more information on the campaign).

Other CFPA State Policy News:

- AB 1385 Laird. Will implement statewide direct certification so that children enrolled on food stamps automatically will be enrolled in free school meals. This will expand participation at the lowest income levels. Bill is alive and well - more information on our web site www.cfpa.net.
- AB 696 Chu. Will continue food stamp reform by eliminating finger imaging (finally), extending reporting periods for recipients and making other changes. Bill is alive and well.
- AB 1392 Umberg. This is NSD's bill to make it much tougher for summer schools to waive out of the summer lunch program.
- AB 569 Garcia . Among other things would allow no competitive foods or ala carte foods at the time schools serve breakfast or lunch.

USDA

As the meeting was running late and we had covered CCAP in a previous discussion, Jesus Mendoza, Section Chief for USDA, WRO, did not give a report. He and others from the office staff including Joshline Mclean, Lucille Jackson, Shannon Schuldt and Jeanne Falla participated in the lively discussion of issues however.

ROUNDTABLE REPORT

Announcements:

- The deadline for the Victory Against Hunger Awards has been extended to **June 23**. Find out more at www.hungercenter.org or by referring to page 2 of the March/April *Roundtable News*.

- You can now order Eat Smart Play Hard materials online at: www.fns.gov/eatsmartplayhard/orderfrom.htm.
- The University of Nebraska Cooperative Extension in Lancaster County's newsletter *Food Reflections* for May 2005 features an article entitled, "Avoid Portion Distortion with MyPyramid Specific Guidelines," by Alice Henneman. Check it out at <http://lancaster.unl.edu/food/ftmay05.htm>. Be sure to check out the informative PowerPoint presentation.
- The California Nutrition Network for Healthy, Active Families' "Social Marketing Conference 2005" is August 11-12, 2005 in Sacramento. Find out more at www.ca5aday.com.
- The "Health Crisis in Paradise II: An Obesity Prevention Policy Summit – Roadmap to a Healthier Gold Coast" is June 17 in Ventura, California. It is co-sponsored by Ventura County Tobacco Settlement Program, First 5 Ventura County, the California Endowment and DHS, California Nutrition Network. Find out more at www.positiveplace4kids.org/obesitysummit.

TRAINING OPPORTUNITY – DAIRY COUNCIL OF CALIFORNIA

The Roundtable was pleased to present Laura Darrah, M.Ed., from the California Dairy Council, in the first of what we hope to be a long and successful series of training events as part of our regularly scheduled meetings. This session and those to follow were based on feedback we received from you the members, as was the change to Thursdays to accommodate the later end time and usual traffic patterns on Friday afternoons. We welcome your feedback on this exciting new opportunity. Give us ideas on topics and speakers.

Laura presented the Dairy Council's after-school nutrition education and physical activity program for kindergartners to sixth grade. "Deal Me In ... food and fitness" is a self-contained program that

provides fun, hands-on, engaging ways to introduce and reinforce healthy eating and physical activity in an after-school program.

Free Materials Include:

- Activity Books
 - One for each student
 - Available in both English and Spanish
 - Two different level books available: K-2 and 3-6
- Complete Full Color Deck of Game Cards
 - Leader and Game Instruction Cards
 - Physical Activity Cards
 - Portion Size Cards
 - Food Guide Pyramid Reference Cards
- Parent Newsletter
 - One for each parent
 - Available in both English and Spanish

Student Outcomes:

By completing this program students will be able to:

- choose individual foods that contribute to their health by choosing healthy breakfasts and snacks
- choose physical activities that contribute to their whole health
- recognize healthy food choices when away from home, specifically from vending machines and fast food restaurants
- identify appropriate portion sizes according to the USDA Food Guide

Pyramid

- have an increased value for leadership and teamwork as part of a plan for overall health

Family Involvement:

The parent newsletter provides healthy messages to help parents assess their own health behavior. It gives tips to incorporate daily physical activity and provides helpful hints for planning healthy meals and snacks for themselves and their children.

Find out more at www.dairycouncilofca.org .

WEB SITES FOR MAY 2005:

- www.hkresources.org – Web site for the California Healthy Kids Resource Center.
- www.healthinschools.org – find good information and resources on childhood obesity at this site sponsored by the Center for Health and Health Care in Schools at George Washington University.
- www.fns.usda.gov/cnd/Care/Management/Improvement.htm - find PowerPoint presentation from USDA here on the Child Care Assessment Project.
- www.fns.gov/eatsmartplayhard/orderform.htm - Order Eat Smart. Play Hard materials here.
- www.MyPyramid.gov – Find the new food pyramid here.
- <http://lancaster.unl.edu/food/ftmay05.htm> - Find University of Nebraska Cooperative Extension article on “Avoid Portion Distortion With My Pyramid’s Specific Guidelines,” here.
- www.ca5aday.com – Find out about Social Marketing Conference here.
- www.positiveplace4kids.org/obesitysummit - Find out more about Gold Coast Obesity Conference here.

**MARK YOUR CALENDARS AND MAKE RESERVATIONS FOR
THE NEXT TWO ROUNDTABLE MEETINGS**

THURSDAY, JULY 21, 2005, 9:30 AM - 3:00 PM
Harrah's 2nd Floor Conference Center
South Lake Tahoe

LODGING INFORMATION: Hotels in the area include:

Embassy Suites 1-800-362-2779
Forest Inn Suites 1-800-822-5950
Lakeland Village 1-800-822-5969
Station House Inn 1-800-822-5953

Lake Tahoe Inn 1-800-972-8557
Holiday Inn Express 1-800-544-5288
Motel 6 1-530-542-1400

DIRECTIONS:

From Sacramento/Bay Area – take Hwy 80 to Hwy 50. Follow Hwy 50 into and through South Lake Tahoe and over the state line. Harrah's Casino is the first casino on the right (just past Embassy Suites). There is free parking around the back; valet is basically the cost of a tip.

From Reno/Tahoe Airport – A shuttle service is available from the airport to all the casinos for a \$17 one-way/\$30 round-trip (Tahoe Casino Express 1-800-446-6128). If coming by rental car, take Hwy 395 to Carson City, then Hwy 50 up to South Lake Tahoe. Harrah's is the last casino on your left before you cross over into California.

TRAINING: The training originally planned for this meeting was postponed. We are pursuing other alternatives at this time.

The **Advisory Committee Meeting** is at the same location, Wednesday, July 20 at 10:00 AM.



THURSDAY, SEPTEMBER 22, 2005, 9:30 AM - 3:00 PM
Exact Location to be Determined
San Diego

The **Advisory Committee Meeting** will be Wednesday, September 21 at 10:00 AM.